





WORLD CONGRESS ON CONTROVERSIES IN

# **OBESITY AND DIABETES**

THE FUTURE OF OBESITY AND DIABETES 2025-2030

28-29 October 2024 | Tel Aviv, Israel



### Monday, 28 October 2024

	HALL A	HALL B
11:10-11:40	11:10-11:40 Refreshments, Networking & Visit the Exhibition	
10:40-11:10	Roundtable Discussion	
10:10-10:40	Cure Prof. Stefano Del Prato, University of Pisa & Azienda Ospedaliero-Universitaria Pisana, Italy	
09:40-10:10	Prevention of Type 2 Diabetes  Prof. Jaakko Tuomilehto, University of Helsinki, Finland	
09:10-09:40	Obesity, State of the Art   Sponsored by Novo Nordisk Dr. David Macklin, University of Toronto & MedCan Clinic, Canada	
09:10-11:10	Session 1: Present and Future in the Treatment of Obesity and Diabetes  Chairs: Prof. Stefano Del Prato, Italy Prof. Jaakko Tuomilehto, Finland	
09:00-09:10	Opening Remarks & Welcome  Prof. Itamar Raz, Israel  Prof. Stefano Del Prato, Italy	
HALL A		
08:00-09:00	Registration & Welcome Refreshments	
Monday, 20 October 2024		

	TALL A		TALL D
11:40-13:10	Session 2: Obesity Session Taking the next STEP in obesity treatment   Sponsored by Novo Nordisk Symposium Moderator: Prof. Itamar Raz, Chairman of the Diabetes National Council, Israel	11:40-13:10	Session 3: Prevention and Treatment of Target Organs Chairs: Prof. Edo Birati, Israel Dr. Gil Chernin, Israel
Obesity Management, is Much More than Weight Loss Dr. Yoel Toledano, Beilinson Hospital, Israel SELECT, Breakthrough in Obesity and CVD Prof. Michael Shechter, Sheba Medical Center, Israel Practical Tools in Obesity Management Dr. Dan Oieru, Maccabi Healthcare Services, Israel		11:40-11:50	Introduction Prof. Rifaat Safadi, Hadassah University Hospital, Israel
		11:50-12:10	<b>The Kidney</b>   Bayer Independent Sponsorship <b>Dr. Gil Chernin, Kaplan Medical Center, Israel</b>
		12:10-12:30	The Liver Prof. Rifaat Safadi, Hadassah University Hospital, Israel

12:30-12:50  The Cardiovascular System   Boehringer Ingelholindependent Sponsorship   Prof. Edo Birati, Tzafon Medical Center, Israel   12:50-13:10   Roundtable Discussion   13:10-13:30   Short Coffee Break, Networking & Visit the Exhibition   13:30-15:00   Session 4: Inflammation in Obesity   and Diabetes   Chair: Prof. Naftali Stern, Israel   Prof. Assaf Rudich, Israel   Prof. Eberhard Standl, Germany   13:30-13:40   Introduction   Prof. Naftali Stern, Tel Aviv Sourasky Medical   Center, Israel   Center, Israel   Prof. East Segal, Clalit Healthcare Services, Israel   Prof. East Segal, Clalit Healthcare Serv
13:30-15:00 Session 4: Inflammation in Obesity and Diabetes Chair: Prof. Naftali Stern, Israel Prof. Assaf Rudich, Israel 13:30-13:40 Introduction Prof. Naftali Stern, Tel Aviv Sourasky Medical  13:30-13:40 Session 5: Al in the Prevention and treatment of obesity and diabetes Chairs: Dr. Eran Segal, Israel Prof. Eberhard Standl, Germany  13:30-13:40 Introduction Dr. Eran Segal, Clalit Healthcare Services, Israel
13:30-15:00 Session 4: Inflammation in Obesity and Diabetes Chair: Prof. Naftali Stern, Israel Prof. Assaf Rudich, Israel 13:30-13:40 Introduction Prof. Naftali Stern, Tel Aviv Sourasky Medical  13:30-15:00 Session 5: Al in the Prevention and treatment of obesity and diabetes Chairs: Dr. Eran Segal, Israel Prof. Eberhard Standl, Germany  13:30-13:40 Introduction Dr. Eran Segal, Clalit Healthcare Services, Israel
and Diabetes Chair: Prof. Naftali Stern, Israel Prof. Assaf Rudich, Israel  13:30-13:40  Introduction Prof. Naftali Stern, Tel Aviv Sourasky Medical  13:30-13:40  Introduction Prof. Naftali Stern, Tel Aviv Sourasky Medical  Of obesity and diabetes Chairs: Dr. Eran Segal, Israel Prof. Eberhard Standl, Germany Introduction Dr. Eran Segal, Clalit Healthcare Services, Israel
Prof. Naftali Stern, Tel Aviv Sourasky Medical  Dr. Eran Segal, Clalit Healthcare Services, Israel
Center, israel
13:40-14:00 Adipose Tissue Inflammation: A Way to Personalize Obesity Care? Prof. Assaf Rudich, Ben-Gurion University of the Negev, Israel  13:40-14:00 Obesity Dr. Eran Segal, Clalit Healthcare Services, Israel
14:00-14:20 The Genital System Dr. Roni Weinberg Sibony, Meir Medical Center Hospital, Israel  14:00-14:20 Diabetes Prof. Eugene Merzon, Leumit Health Services, Israel
14:20-14:40 The Brain Prof. Naftali Stern, Tel Aviv Sourasky Medical Center, Israel  14:20-14:40 Target Organs Prof. Eberhard Standl, Diabetes Research Group, Munich Helmholtz Centre, Germany
14:40-15:00 Roundtable Discussion 14:40-15:00 Roundtable Discussion

16:00

**End of Day One** 



## ג'ארדיאנס זמין למטופלים שלך בסל הבריאות <sup>1-2</sup>2024



זמין לרישום דרך סל הבריאות<sup>2</sup>

לחולי אי ספיקת לב<sup>^^</sup>

עם מקטע פליטה ירוד VVEF≤40% אשר נותרו סימפטומטיים למרות מיצוי טיפול מיטבי למחלתם. לעניין זה טיפול מיטבי יכלול תרופות ממשפחת מעכבי ACE/ARB, BB

עם מקטע פליטה שמור 2VEF>40% ♦



NYHA class II-IV



זמין לרישום דרך סל הבריאות<sup>2</sup>

לחולי מחלת כליה כרונית^

:"המטופלים ב- ACEi/ARB ועונים על אחד מאלה

45≤eGFR≤90 ml/min/1.73m² UACR≥200 mg/g וגם



20≤eGFR≤45 ml/min/1.73m² ללא תלות בערכי יחס אלבומין/קראטינין (UACR) ללא תלות בערכי

\*\* בהתאם לתנאי הרישום



זמין לרישום דרך סל הבריאות<sup>2</sup>

לחולי סוכרת סוג 2

על אף טיפול קודם למחלתם HbA1c≥7% ♦ eGFR≥30 mL/min/1.73m<sup>2\*\*</sup>

ובנוסף אבחנה של אחד מאלה:

מטופל עם מחלה קרדיאלית אוטם בשריר הלב או ניתוח מעקפים או מחלת לב איסכמית

> ■ מטופל עם מחלה כלייתית eGFR<60 mL/min/1.73m² UACR>30 mg/g או

טיפול כסוכרם סוג 2 כילדים כני 10 שנים ומעלה\*\*1

\*\* בהתאם לתנאי הרישום

למטופל שאינו עונה על קריטריוני הסל <mark>ג'ארדיאנס</mark> זמין לרישום:

🔸 דרך הביטוחים המשלימים של כל קופות החולים בהשתתפות הקופה 🎍 סופרפארם - בַמחיר מיוחד במתן מרשם פרטי

1. JARDIANCE® Israeli Prescribing Information 2. 2024 חוזר מנכ"ל משרד הבריאות, עדכון סל התרופות, מרץ

LVEF=left ventricular ejection Fraction; NYHa=New York Heart Association; eGFR= estimated glomerular filtration rate; UACR= urinary albumin to creatinine ratio; ACEi = Angiotensin-converting-enzyme inhibitors; ARB= angiotensin receptor blocker; BB= Beta Blockers ¥ JARDIANCE is not recommended for use to improve glycemic control in patients with type 2 diabetes mellitus with an eGFR less than 30 mL/min/1.73 m2. JARDIANCE is likely to be ineffective in this setting based upon its mechanism of action. ^ Due to limited experience, it is not recommended to initiate treatment with employability in patients with eGFR < 20 mL/min/1.73 m2

For more information, please refer to the full MoH approved prescribing information located at the IL MOH website: https://israeldrugs.health.gov.il/#!/byDrug

Jardiance (empagliflozin) 10 mg and 25 mg of film—coated tablets. JARDIANCE 10mg and 25mg is indicated: - as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus. - to reduce the risk of cardiovascular death in adult patients with type 2 diabetes mellitus and established cardiovascular disease. Jardiance 10mg is indicated: - to reduce the risk of cardiovascular death and hospitalization fine heart failure in adults with heart failure. - to reduce the risk of sustained decline in eGFR, end-ded decline in eGFR, end-ded decline in eGFR, end-ded for patients with gree 2 diabetes mellitus. Limitations of Use: - JARDIANCE is not recommended for use to improve glycemic control in patients with type 2 diabetes mellitus with chronic kidney disease at risk of progression. - as an adjunct to diet and exercise to improve glycemic control in patients with type 2 diabetes mellitus. Limitations of Use: - JARDIANCE is not recommended for use to improve glycemic control in patients with type 2 diabetes mellitus with disease at risk of progression. - as an adjunct to diet and exercise to improve glycemic control in patients. - as an adjunct to diet and exercise to improve glycemic control in patients with type 2 diabetes mellitus. Limitations of use - JARDIANCE is not recommended for use to improve glycemic control in patients with type 2 diabetes mellitus. Improve glycemic control in patients with type 2 diabetes mellitus with direction in adults with the residual patients with the patients with type 2 diabetes mellitus. Limitations of use - JARDIANCE is not recommended for the use - JARDIANCE is not recommended for the

treatment of chronic kidney disease in patients with polycystic kidney disease. In Patients requiring or with a recent history of intravenous immunosuppressive therapy or greater than 45 mg of prednisone or equivalent for kidney disease. JARDIANCE is not expected to be effective in these populations. **Contraindicaions**: hypersensitivity to empagifillozin or any of the excipients in JARDIANCE, reactions such as angioedema have occurred. **Most Common Adverse events**: The most common adverse reactions associated with the use of ARDIANCE are: hypoglycemia, Urinary tract infection, Female genital mycotic infections, and Nausea. **Marketing authorization holder**: Boehringer Ingelheim Israel Ltd. All rights reserved. | P.C.I.102643

Boehringer Ingelheim

### Tuesday, 29 October 2024

	HALL A		HALL B
08:00-09:00	Registration & Welcome Refreshments		
09:00-10:50	Session 6: Obesity Chairs: Prof. Stefano Del Prato, Italy Prof. Naftali Stern, Israel	09:00-10:50	<b>Session 7:</b> Type 1 Diabetes: Future Technologies <b>Chairs: Prof. Ram Weiss,</b> Israel <b>Dr. Eytan Roitman,</b> Israel
09:00-09:10	Introduction Prof. Dror Dicker, Hasharon Hospital, Rabin Medical Center, Israel	09:00-09:10	Introduction Prof. Itamar Raz, Chairman of the Diabetes National Council, Israel
09:10-09:30	<b>Diagnoses, Prevention and Treatment Prof. Dror Dicker,</b> Hasharon Hospital, Rabin Medical Center, Israel	09:10-09:30	Off Label Treatment for Type 1 Diabetes Abbott Independent Sponsorship Prof. Ram Weiss, Rambam Medical Center, Israel
09:30-09:50	The Metabolic Effects of Intermittent Fasting in Obesity Prof. Naftali Stern, Tel Aviv Sourasky Medical Center, Israel	09:30-09:50	New Treatments Emerging for Type 1 Diabetes Dr. Eytan Roitman, Clalit Healthcare Services, Israel
09:50-10:10	Complications  Prof. Eberhard Standl, Diabetes Research  Group, Munich Helmholtz Centre, Germany	09:50-10:10	Cure for Type 1 Diabetes  Prof. Paolo Pozzilli, Campus Bio-Medico University of Rome, Italy & St. Bartholomew's and London School of Medicine, Queen Mary University of London, UK
10:10-10:50	Roundtable Discussion	10:10-10:50	Roundtable Discussion
10:50-11:20	Refreshments, Networking & Visit the E	xhibition	

11:20-13:00	Session 8: Microbiome in Obesity and Diabetes Chair: Dr. Hagit Shapiro, Israel Dr. Idit Dotan, Israel	11:20-12:35	Session 9: Obesity and Diabetes
11:20-11:30	Introduction  Prof. Jaakko Tuomilehto, University of Helsinki, Finland	11:20-12:35	Integrated Management of Cardio-Renal Metabolic Complications in Type 2 Diabetes Patients   Sponsored by Novo Nordisk Symposium Moderator: Prof. Itamar Raz, Chairman of the Diabetes National Council, Israel
11:30-11:50	Microbiome in Obesity / the place of Probiotic  Dr. Hagit Shapiro, Weizmann Institute of Science, Israel		Cardiovascular Risk Management in Type 2 Diabetes Patients - Current Strategies and Future Directions Prof. Yaron Arbel, Tel Aviv Medical Center, Israel New Insights of Semaglutide from Randomized Clinical Trials to Real World Evidence Dr. Afif Nakhleh, Maccabi Healthcare Services and Rambam Healthcare Campus, Israel
11:50-12:10	Microbiome in Diabetes / the place of Probiotic Prof. Jaakko Tuomilehto, University of Helsinki, Finland	12:35-12:55	Treatment of Diabetes Retinopathy Present and Future   Roche Independent Sponsorship Dr. Cornelius Nasser, Shamir Medical Center, Israel
12:10-12:30	Reduction of Cardiovascular Risk – Closing the TG Gap Neopharm Independent Sponsorship Dr. Idit Dotan, Rabin Medical Center, Israel		
12:30-13:00	Roundtable Discussion	1.11.1.1	
13:00-13:20	Coffee Break, Networking & Visit the Ex	hibition	

13:20-13:30  Introduction Prof. Itamar Raz, Chairman of the Diabetes National Council, Israel  13:30-13:50  Drugs in Obesity Prof. Luc Van Gaal, Antwerp University, Belgium  Obesity Management Medication Vs. Bariatric Metabolic Surgery, What is the evidence? Prof. Dror Dicker, Hasharon Hospital, Rabin Medical Center, Israel  14:10-14:30  Roundtable Discussion  14:30-14:35  Short Break  14:30-14:50  Lunch Break, Networking & Visit the Exhibition  13:20-13:30  Introduction Prof. Nir Barzilai, Albert Einstein College of Medicine, Prof. Nir Barzilai, Albert Einstein College of Medicine, USA  Longevity Diagnostic and Interventions Prof. Tzipi Strauss, Sheba Medical Center, Israel  Biomarkers of Healthy Longevity Medicine Prof. Evelyne Bischof, Sheba Medical Center, Israel  14:10-14:30  Roundtable Discussion  14:10-14:30  Roundtable Discussion  14:30-14:35  Short Break  14:30-14:35  Lunch Break, Networking & Visit the Exhibition  15:50  End of Congress	13:20-14:30	<b>Session 10:</b> Drugs Vs Bariatric Surgery in Obesity <b>Chair: Prof. Itamar Raz, Israel Prof. Dror Dicker, Israel</b>	13:20-14:30	Session 11: Longevity Chair: Prof. Tzipi Strauss, Israel
Prof. Luc Van Gaal, Antwerp University, Belgium  Obesity Management Medication Vs. Bariatric Metabolic Surgery, What is the evidence? Prof. Dror Dicker, Hasharon Hospital, Rabin Medical Center, Israel  14:10-14:30 Roundtable Discussion  14:30-14:35 Short Break  14:30-14:50 Lunch Break, Networking & Visit the Exhibition  Prof. Tzipi Strauss, Sheba Medical Center, Israel  Biomarkers of Healthy Longevity Medicine Prof. Evelyne Bischof, Sheba Medical Center, Israel  Roundtable Discussion  14:10-14:30 Roundtable Discussion  14:30-14:35 Short Break  14:30-14:35 Lunch Break, Networking & Visit the Exhibition	13:20-13:30	<b>Prof. Itamar Raz,</b> Chairman of the Diabetes	13:20-13:30	<b>Prof. Nir Barzilai,</b> Albert Einstein College
Bariatric Metabolic Surgery, What is the evidence? Prof. Dror Dicker, Hasharon Hospital, Rabin Medical Center, Israel  14:10-14:30 Roundtable Discussion  14:30-14:35 Short Break  14:30-14:50 Congress Summary & Closing Remarks Prof. Itamar Raz, Israel  14:50-15:50 Lunch Break, Networking & Visit the Exhibition	13:30-13:50	Prof. Luc Van Gaal, Antwerp University,	13:30-13:50	
14:30-14:35Short Break14:30-14:35Short Break14:35-14:50Congress Summary & Closing Remarks Prof. Itamar Raz, IsraelLunch Break, Networking & Visit the Exhibition	13:50-14:10	Bariatric Metabolic Surgery, What is the evidence?  Prof. Dror Dicker, Hasharon Hospital,	13:50-14:10	
14:35-14:50 Congress Summary & Closing Remarks Prof. Itamar Raz, Israel  14:50-15:50 Lunch Break, Networking & Visit the Exhibition	14:10-14:30	Roundtable Discussion	14:10-14:30	Roundtable Discussion
Prof. Itamar Raz, Israel  14:50-15:50 Lunch Break, Networking & Visit the Exhibition	14:30-14:35	Short Break	14:30-14:35	Short Break
	14:35-14:50			
15:50 End of Congress	14:50-15:50	Lunch Break, Networking & Visit the Exhibition		
	15:50	End of Congress		

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